## ABSTRACT

The present invention provides low potassium juice having an improved taste obtained by decreasing the potassium content of juice reamed from fruit and/or vegetable to one-tenth or less and adding a calcium compound and its production method as well as food containing the low potassium juice. The low potassium juice of the present invention not only has a decreased potassium content but also intends to improve taste and nutritional balance so that it can be taken with good taste. Further, powdered juice, foods such as jelly, candy, and gummy, which contain the low potassium juice as a raw material, are provided. The drink and food are suitable for patients whose kidney function has decreased and who are under limitation as to the uptake of potassium, such as those suffering kidney failure.